

## Part IV B Overall Self Evaluation: General Reflection

Note: Do this overall self evaluation in Feb (S.5 and S.7), in May 2009 (S.1-4,6) before your final submission.

Class: S.1D	Name: 常開心 Joyce	Class No: 19	Date: 10/ 5/ 2009			
<b>My Strengths</b>	<i>Strengths</i>	<i>Evidences</i>				
	1. 積極	1. 我參加了籃球隊、女童軍、合唱團, 又積極參與班會的溫習班。				
	2. 活躍	2. 我喜歡動態的和戶外的活動。				
	3. 有上進心	3. 我能坦承自己的不足之處, 又肯計劃改善方法。				
<b>My Weaknesses</b>	<i>Weaknesses</i>	<i>Possible Ways to Improve</i>				
	1. 不專心	1. 明年減少課外活動, 爸爸在上網計劃安裝時限。				
	2. 情緒大起大跌	2. 寫 blog 宣洩情緒				
	3. 容易受人影響	3. 學習獨立				
<b>Evaluation of Various Qualities (Please ✓)</b>	<b>Generic Skills</b>	1	2	3	4	5
		Improvement Needed	Not Satisfactory	Average	Good	Excellent
	Self Management Skills				✓	
	Independence			✓		
	Creativity				✓	
	Social Skills					✓
	Analytical Power				✓	
	Problem Solving Skills				✓	
	Leadership			✓		
	Emotional Control		✓			
Self Reflection			✓			
<b>Brief Plan for Improvement Next Year</b>	<p>我想明年我仍須改善自我管理能力, 如 Parts 1 &amp; 4A 所述, 我未能準時出席籃球隊的練習, 仍然花很多時間上網。今年參加的課外活動太多, 可能明年要減少數量, 加強質素。若上網時數能減至每日不多於一小時是最理想的。</p>					

## Part IV B Overall Self Evaluation: General Reflection

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Class: 4A	Name: Sheung Hai Sum Joyce	Class No: 19	Date: 20/5/2009			
<b>My Strengths</b>	<b>Strengths</b>	<b>Evidences</b>				
	I have the courage to face my inadequacy.	I am honest in telling the strategies I cannot accomplish. I can accept my inadequacy and I have plans for improvement.				
	I can face challenges.	I love to try new things. I served as a peer mentor and a committee member in the Jazz Club.				
	I learn from reading.	I read 20 books this year and some of them are about leadership and thinking skills. Many of my classmates only read fictions, so my variety of reading is larger than that of my classmates.				
<b>My Weaknesses</b>	<b>Weaknesses</b>	<b>Possible Ways to Improve</b>				
	I make myself too busy (poor planning)	I took up too many posts, so I resigned from the post of academic secretary in the 2 <sup>nd</sup> term. I will plan carefully according to my time and ability next year.				
	Poor time management: I go to bed late at night and then I am always drowsy in the morning.	I can reduce the time chatting online and over the phone.				
	I am shy to speak in English.	I can visit the ELC and chat with the native English speaking teachers.				
<b>Evaluation of Various Qualities (Please ✓)</b>	<b>Generic Skills</b>	1	2	3	4	5
		Improvement Needed	Not Satisfactory	Average	Good	Excellent
	Self Management Skills			✓		
	Independence				✓	
	Creativity				✓	
	Social Skills					✓
	Analytical Power				✓	
	Problem Solving Skills				✓	
	Leadership				✓	
	Emotional Control			✓		
Self reflection					✓	
<b>Brief Plan for Improvement Next Year</b>	<p><u>Next year, I will be a form 5 student. I should focus on HKCEE. I don't think I can take up many posts and duties. I think I should improve my time-management. Many teachers and friends tell me that planning for my study is a key to success in HKCEE. I will plan schedules for my study next year, so I can manage the time for study well. I will keep learning from reading because I enjoy reading. Reading books about leadership and thinking skills can prepare myself for leading roles in the future (S.6 or above).</u></p>					