


Part II Record of Work

- A. Reading Record (Morning Reading, Chinese and English Extensive Reading, Personal Reading.....)
- B. Duty and Post Record (Internal and External, e.g. Monitor, Class Association, Student Leaders, Team leader of Red Cross.....)
- C. Extra Curricular Activity Record (Internal and External)
- D. Competition Record (Internal and External)
- E. Award Record (Academic and Non Academic, Internal and External)

* Students have to provide relevant documents, e.g. photos, copies of certificates..... to support their records.

Part II A Reading Record *Sample*

	Subject 科目、類別	Title of Book 書名	Author 作者	Number of Pages Read 完成頁數	Date of Finish 完成日期	Recommended Rate 可讀性 1 - 10
1	通識	思考攻略	盧傑雄 、呂子德 等著	全書	30.9.07	8
Comments 寫出對此書的感受及想法 這書令我明白邏輯思維的重要，同時令我學會不同的思考方法。						
2	Novel	The five people you meet in the heaven	Mitch Albom	130 pages	13.10.07	9
Comments 寫出對此書的感受及想法 I liked the book very much as it stimulated my thoughts about heaven and my reflection on the influence of my behaviour on others.						
3						
Comments 寫出對此書的感受及想法						
4,, ...						
20	Leadership	Leading from Adversity 	HKFYG	103 pages (whole book)	16.5.08	10
Comments 寫出對此書的感受及想法 I highly recommend this book, simple English, easy to understand and good practical guide for building my leadership.						

Personal Comments on Reading:

A. Overall review on Quantity (Numbers of books read) : Satisfactory rate 0- 1- 2- 3- (4) - 5

Give 1-2 reasons to support your rating:

1. This year I read 20 books of various kinds, including 3 books on leadership development, comparatively more than last year. My reading speed improved a lot.
2. If I had a detail reading plan, I thought I could read more, especially during holiday.

B. Overall review on Quality of Book Reading Experience: Satisfactory rate 0- 1- (2) - 3- 4- 5

Give 1-2 reasons to support your rating:

1. Most of the time, I did enjoy reading at leisure time. The reading during the morning reading period in school was not so fruitful; I was so sleepy and could not concentrate at that time.
2. Since I have not make any notes after reading, my learning in reading was not deep enough and easily forgot the content of the book.

2007-2008 Peer Mentors



Part II B Duty and Post Record *Sample*

Duty and Post Taken	Organizer of the duty/ post service	Date and Duration of Service	Place of Service	Personnel Responsible
1. Academic Secretary of Class Association (學術)	School	1 st Term of 2007-2008	Class	Class Teacher
2. Peer Mentor	Counseling Affairs Committee of School	18.10.2007-31.8.2008	School	Miss Yu Suk Yin
.....				

Personal Comments on Duty and Post taken:

A. Overall review on Quantity (Post numbers / Service hours): Satisfactory rate 0- 1- 2- 3- 4- **5**

Give 1-2 reasons to support your rating:

1. The service as a peer mentor was very demanding. I had spent quite a number of hours after school to help the S.1 students.
2. _____

B. Overall review on Quality of Serving Experience: Satisfactory rate 0- 1- **2**- 3- 4- 5


Give 1-2 reasons to support your rating:

1. Since I had joined various extra curricular activities, I could not concentrate on the work of academic secretary. I resigned after the 1st term's service.
2. _____

Part II C Extra Curricular Activity (ECA) Record *Sample*

Activity <u> 1 </u>			
Name of Activity: <u>Jazz Club</u>			
Name of Organizing Department: <u>Extra Curricular Activity Committee</u>			
Date/Time: <u>Oct. 2007 – Dec. 2007</u>			
<input checked="" type="checkbox"/> Regular: <u>every Day 3</u>		<input type="checkbox"/> Irregular: _____	
<input checked="" type="checkbox"/> After school		<input type="checkbox"/> Other time: _____	
Venue : <input checked="" type="checkbox"/> School Campus		<input type="checkbox"/> Others: _____	
Type of Activity :	<input type="checkbox"/> International	<input type="checkbox"/> Inter-school (Hong Kong)	
	<input checked="" type="checkbox"/> Internal	<input type="checkbox"/> Inter-school (Regional)	
	<input type="checkbox"/> Others : _____		
Content of Activity :	<input type="checkbox"/> Academic	<input type="checkbox"/> Sports	<input checked="" type="checkbox"/> Performing Arts
	<input type="checkbox"/> Interest	<input type="checkbox"/> Services	<input type="checkbox"/> Others : _____
Format of Activity :	<input type="checkbox"/> Individual	<input checked="" type="checkbox"/> Group	
Teacher / Instructor responsible: <u>Miss Lee Siu Po and Miss Leung Fung Yin</u>			
Membership : <input checked="" type="checkbox"/> Member <input type="checkbox"/> Committee Member (Please specify) : _____			

Part II C Extra Curricular Activity (ECA) Record *Sample*

Activity <u> 2 </u>			
Name of Activity: <u>Girl Guide</u>			
Name of Organizing Department: <u>Extra Curricular Activity Committee</u>			
Date/Time: <u>Oct. 2007 – July. 2008</u>			
<input type="radio"/> Regular	<input checked="" type="radio"/> Irregular: _____		
<input checked="" type="radio"/> After school	<input type="radio"/> Other time: _____		
Venue : <input checked="" type="radio"/> School Campus	<input type="radio"/> Others: _____		
Type of Activity :	<input type="checkbox"/> International	<input type="checkbox"/> Inter-school (Hong Kong)	
	<input checked="" type="checkbox"/> Internal	<input type="checkbox"/> Inter-school (Regional)	
	<input type="checkbox"/> Others : _____		
Content of Activity :	<input type="checkbox"/> Academic	<input type="checkbox"/> Sports	<input checked="" type="checkbox"/> Performing Arts
	<input type="checkbox"/> Interest	<input type="checkbox"/> Services	<input type="checkbox"/> Others : Uniform Team
Format of Activity :	<input type="checkbox"/> Individual	<input checked="" type="checkbox"/> Group	
Teacher / Instructor responsible: <u>Miss Fong Ka Yan</u>			
Membership : <input checked="" type="radio"/> Member	<input type="radio"/> Committee Member (Please specify) : _____		



Part II C Extra Curricular Activity (ECA) Record *Sample*

Activity <u> 3 </u>			
Name of Activity: <u> B Grade Basketball Team </u>			
Name of Organizing Department: <u> Extra Curricular Activity Committee </u>			
Date/Time: <u> Oct. 2007 – July. 2008 </u>			
<input checked="" type="checkbox"/> Regular: <u> every Wednesday </u>		<input type="checkbox"/> Irregular: _____	
<input checked="" type="checkbox"/> After school		<input type="checkbox"/> Other time: _____	
Venue : <input checked="" type="checkbox"/> School Campus		<input type="checkbox"/> Others: _____	
Type of Activity :	<input type="checkbox"/> International	<input type="checkbox"/> Inter-school (Hong Kong)	
	<input checked="" type="checkbox"/> Internal	<input type="checkbox"/> Inter-school (Regional)	
	<input type="checkbox"/> Others : _____		
Content of Activity :	<input type="checkbox"/> Academic	<input checked="" type="checkbox"/> Sports	<input type="checkbox"/> Performing Arts
	<input type="checkbox"/> Interest	<input type="checkbox"/> Services	<input type="checkbox"/> Others : _____
Format of Activity :	<input type="checkbox"/> Individual	<input checked="" type="checkbox"/> Group	
Teacher / Instructor responsible: <u> Mr Leung Kwok Hung </u>			
Membership : <input checked="" type="checkbox"/> Member <input type="checkbox"/> Committee Member (Please specify) : _____			

Part II C Extra Curricular Activity (ECA) Record *Sample*

Activity <u> 4 </u>	
Name of Activity: <u> Flag Selling </u>	
Name of Organizing Department: <u> 新福事工協會 </u>	
Date/Time: <u> 15th March, 2008 </u>	
<input type="radio"/> Regular	<input checked="" type="checkbox"/> Irregular: _____
<input type="radio"/> After school	<input checked="" type="checkbox"/> Other time: <u> 8:30 a.m. – 12:30 p.m. </u>
Venue : <input type="radio"/> School Campus	<input checked="" type="checkbox"/> Others: <u> Tai Po Market </u>
Type of Activity :	<input type="checkbox"/> International <input type="checkbox"/> Inter-school (Hong Kong)
	<input type="checkbox"/> Internal <input type="checkbox"/> Inter-school (Regional)
	<input checked="" type="checkbox"/> Others : <u> Community </u>
Content of Activity :	<input type="checkbox"/> Academic <input type="checkbox"/> Sports <input type="checkbox"/> Performing Arts
	<input type="checkbox"/> Interest <input checked="" type="checkbox"/> Services <input type="checkbox"/> Others : _____
Format of Activity :	<input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group
Teacher / Instructor responsible: <u> Miss Yung Yim Ling </u>	
Membership : <input type="radio"/> Member <input type="radio"/> Committee Member (Please specify) : _____	

Personal Comments on ECA Participation:

A. Overall review on Quantity (Number of activity joined) : Satisfactory rate 0- 1- **2** - 3- 4- 5

Give 1-2 reasons to support your rating:

- The flag selling just spent me one morning, but the jazz and basketball activities had regular meetings. I was very busy after school. It would be better if I could just concentrate on 1 regular activity next year.

B. Overall review on Quality of Participation Experience : Satisfactory rate 0- 1- 2- **3** - 4- 5

Give 1-2 reasons to support your rating:

- Since I could be punctual to attend the basketball training, I did quite enjoy the time spent with my team members and we knew each other well and have build up good friendship.
- The flag selling experience was not so good. Many people rejected me and stood the whole morning on the road was very tiring.

Part II D Competition Record *Sample*

Competition: <u> 1 </u>
Date of Competition : <u> 13.11.2007 </u>
Name of Competition : <u> Interhouse basketball competition </u>
Name of Organizing Department : <u> Extra Curricular Activity Committer - Houses </u>
Type of Competition : <input type="checkbox"/> International <input type="checkbox"/> Inter-school (Hong Kong) <input checked="" type="checkbox"/> Internal <input type="checkbox"/> Inter-school (Regional)
Content of Competition : <input type="checkbox"/> Academic <input checked="" type="checkbox"/> Sports <input type="checkbox"/> Performing Arts <input type="checkbox"/> Interest <input type="checkbox"/> Services <input type="checkbox"/> Others : _____
Format of Competition : <input type="checkbox"/> Individual <input checked="" type="checkbox"/> Group

Competition: <u> 2 </u>
Date of Competition : <u> 27.11.2007 </u>
Name of Competition : <u> 校際朗誦節-詩詞獨誦 </u>
Name of Organizing Department : <u> 香港學校音樂及朗誦協會 </u>
Type of Competition : <input type="checkbox"/> International <input checked="" type="checkbox"/> Inter-school (Hong Kong) <input type="checkbox"/> Internal <input type="checkbox"/> Inter-school (Regional)
Content of Competition : <input type="checkbox"/> Academic <input type="checkbox"/> Sports <input checked="" type="checkbox"/> Performing Arts <input type="checkbox"/> Interest <input type="checkbox"/> Services <input type="checkbox"/> Others : _____
Format of Competition : <input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group

Personal Comments on joining competitions:

A. Overall review on Quantity (Number of competition joined): Satisfactory rate 0- 1- 2-3- 4- **5**

Give 1-2 reasons to support your rating:

1. I had joined 1 internal group and 1 external individual competition. I thought it was good to have both experience.

B. Overall review on Quality of competition experience: Satisfactory rate 0- 1- 2- 3- 4- **5**

Give 1-2 reasons to support your rating:

1. Though in the interhouse basketball competition, our house lost all matches, our team spirit was very strong. I enjoyed the collaboration and cooperation among the house members.

Part II E Award Record *Sample*

Award/ Prize: <u>1</u>
Date of Award Received : <u>7.12.2007</u>
Name of Award / Prize: <u>校際朗誦節-詩詞獨誦 - 女子普通話中一級組亞軍</u>
Name of Competition / Activity : <u>校際朗誦節-詩詞獨誦</u>
Name of Organizing Department : <u>香港學校音樂及朗誦協會</u>
Type of Activity : <input type="checkbox"/> International <input checked="" type="checkbox"/> Inter-school (Hong Kong) <input type="checkbox"/> Internal <input type="checkbox"/> Inter-school (Regional)
Content of Activity : <input type="checkbox"/> Academic <input type="checkbox"/> Sports <input checked="" type="checkbox"/> Performing Arts <input type="checkbox"/> Interest <input type="checkbox"/> Services <input type="checkbox"/> Others : _____
Format of Activity : <input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group

Award/ Prize: <u>2</u>
Date of Award Received : <u>16.5.2008</u>
Name of Award / Prize: <u>優秀學生獎</u>
Name of Competition / Activity : <u>大埔好學生獎勵計劃</u>
Name of Organizing Department : <u>大埔學校聯絡委員會</u>
Type of Activity : <input type="checkbox"/> International <input type="checkbox"/> Inter-school (Hong Kong) <input type="checkbox"/> Internal <input checked="" type="checkbox"/> Inter-school (Regional)
Content of Activity : <input type="checkbox"/> Academic <input type="checkbox"/> Sports <input type="checkbox"/> Performing Arts <input type="checkbox"/> Interest <input type="checkbox"/> Services <input checked="" type="checkbox"/> Others : <u>個人發展</u>
Format of Activity : <input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group

Personal Comments on getting the awards:

A. Overall review on Quantity (Number of awards) : Satisfactory rate 0- 1- **2** - 3- 4- 5

Give 1-2 reasons to support your rating:

1. 如果能勝出社際籃球比賽就好了，那我會有一個團體獎項了。

B. Overall review on the experience of getting the awards: Satisfactory rate 0- 1- 2- 3- **4** - 5

Give 1-2 reasons to support your rating:

1. 這是我第一次參加普通話獨誦，我從未想過感得獎，能取得亞軍真是喜出望外，我希望明年可以繼續參加，爭取更多站台的經驗。



57th HONG KONG SCHOOLS SPEECH FESTIVAL
第五十九屆香港學校朗誦節
Presented by Hong Kong Schools Music and Speech Association
香港學校音樂及朗誦協會主辦

項目編號：E302
組別：1
項目：詩詞獨誦 - 粵語話
中學一年級 - 女子組

參賽者：常開心
誦材：- 琴星 亦之琳
- 菩薩蠻 韋莊

出場序：29
會員編號：008193

90% or above	Honours 榮譽
80-89%	Merit 優良
75-79%	Proficiency 良好
分數 Marks	81
名次 Place	

注意：冠、亞、季軍得獎者，必須獲得80分或以上
N.B.: No Placing will be awarded under 80 marks.

誦來抑揚頓挫，但詞欠自然；
語調有情。

周勤才先生

"分數/名次"位置如被蓋印，即代表違反規則第八條，不予評分。
"Marks / Place" being stamped means competitor have violated regulation 8. No marks will be given.

所有證書申領必須由會員統一處理，詳情請參閱本會網站。
The Association will issue certificates directly to members after the Festival. Please visit our web site for details.
本會網站 Web Site: <http://www.hksmsa.org.hk>

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