

Part I Personal Development Plan

Student Name: 常開心 Joyce Class: 1D (19)

Date: 22nd Oct, 2008

1. Set Goal (Specific Development Target this year)

My Goals (Skill learning) <i>What do I want to achieve /improve / develop this year? (Consider the 9 skills)</i>	My Reasons <i>Why do I set this goal? (Review last year's self-reflection, academic result, teachers' and parents' advices, peer opinions.....)</i>
I choose Self Management Skills 我只選擇自我管理能力作為今年的重點發展	去年我的自律能力較差，因為晚上上網時間太長，所以睡眠不足，常常遲到回校，亦不能準時出席課外活動：籃球練習。

2. Propose action plan

	My Strategies <i>How can I achieve the goals? What should I do?</i>	My Action (Date <u>28.5.2008</u>) <i>What do I accomplish? (The progress of the proposed strategies)</i>
In classroom learning	1. 我會控制自己每晚上網的時數，規定自己十一時上床睡覺，令自己可以準時回校上課。	1. 大概有一半時間，我可以十一時前上床睡覺。但是有時做不到，很難完全不上網，上網做 Engclass 的練習時，同時上網，不知不覺就兩三個小時。
	2. 我會善用預備鐘時間作課堂準備，在課堂不會胡亂說話。	2. 預備鐘時間上學期比較好，下學期全班整體情況較為鬆散，我自己也受影響。但上課時我頗能專心，陳老師和林同學都曾讚賞我呢!
	3. 我會善用學生日誌 student planner 記下每日功課，並準時完成和呈交課業。	3. 學生日誌很實用，我大部份日子都有記下功課。十一月「不幸」因為星星過多要記缺點，幸好十二月的 C 計劃救回一命。
In participating activities (ECA, tours, trips, visits....)	4. 我會準時出席課外活動：籃球隊的訓練。	4. 準時出席做到大約六成，比去年經常遲到有進步，可以更好!
	5. 我會積極投入籃球隊的訓練活動，願意聽從教練的指示，並完成一切練習。	5. 教練也看見我的進步，還誇獎我呢! 雖然有時會和教練意見不合，但整體來說我是很合作的。
In taking posts and duties	6. 我會參加女童軍，學習服務及紀律步操。(老師提醒我，女童軍不是崗位及責任，是課外活動，但我今年是班會學術，所以我會做好這份職責，不單自己準時交功課，也要收齊功課交老師。	6. 我達到女童軍銀章的服務時數。在陸運會我們負責升旗，之前的步操訓練我都有參加。每天收功課的過程都算順利，同學都很合作，但因我有太多活動，我只做了一個學期的學術。
Others (Reading, Setting schedule)	7. 我計劃每月能完成閱讀起碼兩本書，全年最少有一本是關於時間管理的。	7. 差不多每個月都能看兩本書，除了一月和二月，因為一月考試，二月的新年假期太過輕鬆了。

Class / Supporting Teacher Signature: _____

Date: _____

Part I Personal Development Plan

Student Name: Sheung Mei Mun May Class: 4A (19)

Date: 20th Oct, 2008

1. Set Goal (Specific Development Target this year)

My Goals (Skill learning) <i>What do I want to achieve /improve / develop this year? (Consider the 9 skills)</i>	My Reasons <i>Why do I set this goal? (Review last year's self-reflection, academic result, teachers' and parents' advices, peer opinions.....)</i>
My second target skill is leadership.	Last year, my class teacher's comment on me was too passive in group. Moreover, as a senior form student, I hope I can be a good example to my fellow schoolmates; I want to explore more in leadership skill.

2. Propose action plan

	My Strategies <i>How can I achieve the goals? What should I do?</i>	My Action (Date 28.5.2008) <i>What do I accomplish? (The progress of the proposed strategies)</i>
In classroom learning	1. Be more active to voice out my opinions in group discussion and listen carefully before giving feedback or comments in group.	1. I should be active in the group discussions in Chinese and English oral exams. I can do better in group discussions outside classroom, e.g. working for group projects.
	2. Willing to take up leader's role in group work; allocate work among group members and help the group to finish the assignment on time.	2. I take leader's role in the biology and physics projects. I think we have good division of labour and we can submit the projects on time.
In participating activities (ECA, tours, trips, visits....)	3. I will not be late to jazz club and I will devote in all the practices, so as to set a good example to the lower forms schoolmates.	3. I am punctual for the practices, but absent with excuse once.
	4. I will share my dancing experience with those new learners.	4. Yes, I share a lot with the S.1 or 2 new members. We have good time in Jazz Club.
	5. I plan to have an individual interview with the head prefect, Yip Mei Sze to ask more on her leadership skill development.	5. I had a causal talk with Yip Mei Sze, not a formal interview. She is a nice person and we had a nice chat.
In taking posts and duties	6. I am being selected as a peer mentor. I will attend all the trainings required by Counseling Affairs Committee, and I will assist in planning and carrying out the activities.	6. I have attended all the training workshops. I helped working out the games for an assembly for junior form students.
Others (Reading, Setting schedule)	7. In this year, I plan to finish 4 books related to leaders and leadership skills. I think I can learn by life models, so I will read books on famous leaders in the world.	7. I have only done 3 books related to leaders. When I read 鄧小平傳, it was too boring and I haven't finished it.

Class / Supporting Teacher Signature: _____

Date: _____